



THE MESSENGER

JANUARY 2, 2022

NEWS AND NOTES

Congregational Meeting
TBD

Weekly Bible Studies
Tuesdays on Zoom

Times of Service
Sunday

Bible study: 9:45 AM
Worship: 10:45 AM; 6 PM

Wednesday

Bible study: 7:30 PM
(Immediately followed by a
short worship service)

First Friday of Month
Singing

January 7, 7:30

Address and Contact

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Christ
445 Columbia Ave., Lexington,
KY 40508
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www.uheightschurch.com

JUST BEATING THE AIR

One of the gifts the kids received this Christmas was an Oculus Quest 2 headset. For those who don't know, this is a virtual reality headset. It's an amazing little device that can be incredibly immersive.

I was researching cardio and exercise possibilities and discovered a game called "The Thrill of the Fight." It's a boxing game designed to get the user moving and sweating. Does it ever work! I haven't been this sore since my basketball conditioning days back in high school.

This past Tuesday Jackie and the kids went over to her parents' house for a bit. I decided it was time for some exercise and climbed into the virtual ring to face off with a character called "Ugly Joe." The bell sounded and I began ducking, dodging, and punching. It occurred to me moments after landing what I believe to have been a brilliant combination how ridiculous I must look. With that little box strapped to my head I'm immersed in a boxing ring with an opponent trying to knock me out. To anyone watching I'm an adult desperately flailing at air.

As the color drained from my screen, indicating that I was now the one being pummeled, Paul's statement from 1 Corinthians 9:26-27 came to mind. *So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.* You may find it beneficial to pause here and read that chapter to get a good grip on the context.

Members Needing Our Prayers

The Lake family, The Powell family, Rick Small, Ralph Fox, Benny Poynter, Janet Brundige, Janice Parsons, Joyce Bolton and family, Karen Spivey, Rhonda Boyd, Cindy Bradbury, Paul Atkisson

Others Needing Prayers

Allison Walker, Larry McTeer, Charlene Michael, Ann Little, Mary Jean Snyder, Mark Nickles, Dale Lyons, Adam Fusco, Rachel and Sarah White, Duane Harrod, Grace Meyer, Meredith Nicholson, Alice and Lonnie Anderson, Glen Perkins, Ethan Shelton, Terry Daniels, Harvey Baker, Leroy Weatherholt, Robert Brundige, John Blessing, William Roberts, Paul and Marrian Lyda, Dana and her children, Shane (a relative of Cindi), Ron Harmon, Debbie Lanphear, Veronica Bowman

To Our Guests

Interested in a Bible study? Either let one of us know or mark it on your visitor card.

Visit us on Facebook, YouTube, or our website to watch or listen to sermons.

Aimlessness and purposefulness. Both are options, but only one does much for you. Take Bible reading as an example. It's always good to read God's Word. Aimless reading reads a chapter or two from this book, another chapter from another book the next day, and a few verses from another book the next. It's good that Scripture was read, but not particularly helpful. Purposeful reading brings a plan. There is a goal in mind. It cares about context, both of the passage and, as far as it can be determined, of the people to whom it was originally written. There is great benefit in this.

Paul's primary concern in 1 Corinthians 9:24-27 was his own manner of living. He spoke of disciplining himself and bringing his body under control. The aimless manner of Christian life does some good things here and there but hasn't really developed a plan for it. It's hit and miss, hot and cold. The purposeful Christian life is consistent, focused, and steady. It's not perfect, but it has a plan in place. Better yet, it's following the plan God has set in place in Scripture. Paul dedicated himself to it and encourages us to do the same. There's no better time than right now. Adam Litmer

Elders	Deacons	Evangelist
Troy Antle	Richard Brundige	Adam Litmer
David Collins	Adam Daniels	
John Thompson	Adam Litmer	
	Frank Patton	
	Jamie Powell	
	Pat Seabolt	
	Matt Thompson	
	James Weatherholt	

