GOSPEL PLAN OF SALVATION

- Hear the gospel (Romans 10:17)
- Confess faith in Jesus (Romans 10:9-10)
- Believe Jesus is the Christ (John 3:16)
- Be baptized for remission of sins (Acts 2:38)
- Repent from sins (Luke 13:3)
- Live worthy of the calling (Ephesians 4:1)

IN NEED OF PRAYERS

List:

New: Hope Vinagradov is receiving treatment for kidney disease. Let's keep her in our prayers. Arlena Poynter is scheduled for gull bladder surgery towards the end of this month. Reese Worley's scan *did not* reveal a new lesion. Praise God for answered prayers!

Our members: Jeff Howerton, Paul Atkisson, Lindsay Morgan, Louis Harrod, Rhonda Boyd

Others: Jan Hogen, Barabara Matheny, David Morrow, Debbie Parker, Rita Pagan, Vina Krassow, John Bennett, Robert and Sarah Brundige, Donald Dawson, Gail Stein, Sandy Childress, Bill Childress, Susie Burton, Fred Dalton, Norma Hurt, Lavon Speer, Jacob Profit, Maureen Sheldon, Valarie Boyd, Barry Boyd, Leroy Weatherholt, Tony Tyree, Wesley Sizemore

WEEKLY READING			<u>LEADERSHIP</u>		<u>SERVICES</u>
M	Ion	Job 12-14, Revelation 13, Psalm 100	ELDERS	DEACONS	<u>Sunday</u>
T	ue	Job 15-17, Revelation 14	Garry Banks David Collins	Troy Antle Richard Brundige	Bible Study: 9:45 AM Worship: 10:45 AM; 6:00 PM
W	Ved	Job 18-20, Revelation 15, Psalm 141	John Thompson	Matt Thompson Adam Litmer	Wednesday Bible Study: 7:30 PM
T	hu	Job 21-23, Revelation 16, Psalm 101	EVANGELIST Adam Litmer	Bill Morelan Jim Parsons Pat Seabolt	1st Fri. of Month Singing: 7:30 PM 3rd Fri. of Month
Fı	ri	Job 24-27, Revelation 17		Adam Daniels Jamie Powell	Bible Study: 7:00 PM (Finished for the time being)

UNIVERSITY HEIGHTS CHURCH OF CHRIST

445 Columbia Ave., Lexington, KY 40508 (859) 255-6257 – www.uheightschurch.com

University Heights Messenger

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Out of Sight, Out of Mind

Our ability to see serves us well most of the time. For example, if we want to ensure that we not forget something important, we will The congregational meeting is scheduled for today at 5. Please make your plans to attend.

place it in the open, often in our very path, so that when we see it we remember. We tend to forget that which we do not see, thus, the expression "out of sight, out of mind."

Satan knows every human tendency by which man operates, including "out of sight, out of mind." He is quite content when we forget God, but he does not want us to forget anything that is sinful or evil, and so, he parades before our eyes every sinful and vile entity he can summon. Individually, however he is quite selective in that he tailors temptations to each one's precise vulnerabilities. It is not accidental that one of the three major classes of temptations is lust of the eye.

Man's tendency to forget what is not consistently within his sight can be used as a technique for dealing with and overcoming temptation. It is good that we were not created with eyes in the back of our heads because temptation can lose much of its power when we simply turn our eyes away from that which is tempting us. In social situations, the action of turning one's back on another is an unmistakable sign of ignoring the other. What a great way to ignore temptation! What a great way to communicate to Satan that his attempt to draw us away from God is of no consequence!

David wrote, in Psalm 119:115, "Depart from me, you evildoers, that I may keep the commandments of my God." Leave my presence. Get away from me. I do not want to see you or even have you nearby. I can forget about you so much more easily if I do not have to look upon you. Your ability to influence me is so much greater when you fill my visual field.

Do you remember what Jesus said to Peter when that disciple rebuked Jesus for speaking of having to go to Jerusalem to suffer and be killed? Jesus said, "Get behind me, Satan! You are a hindrance to me." Jesus was so much less likely to allow such sentiment to hinder him from his divine mission if it was out of sight behind him. What worked for Jesus will work for us as well.

It is this very same Peter who quoted from Psalm 34:14 when he wrote in 1 Peter 3:11, "let him turn away from evil and do good; let him seek peace and pursue it." Turn away from evil. Just the simple act of turning away so that evil is no longer within one's vision can be a tremendous help in dealing with temptation. Satan has a hard time with rejection, and nothing spells rejection quicker or more thoroughly than simply turning one's back to him and his devices. Thus, James says, "Resist the devil, and he will flee from you." (James 4:7) What a scenario! Satan does his usual thing with you, tempting you as he has before. Only this time, you resist him. You turn your back on him. You communicate to him that he is contemptible, beneath your consideration, not even worth looking at. And you walk away. At some point you glance over your shoulder, and all you see is him slouching away from you with back bent in defeat, at least for the moment.

Then, turning your eyes forward again, you proceed on, having done just what the Hebrew writher says in Hebrews 12:1-2, "Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God."

Turn away from evil and look to Jesus! The Elders

This and That

Be sure to keep the question and suggestion box on the table in the foyer in mind for topics you'd like to see discussed. Often I can write articles about your topic in a much more timely manner than I can preach about them. If you have a topic in mind and you'd be satisfied reading about it, please let me know. I can usually write the article within a week or two.

The Bible reading plan will be finished after next week's bulletin. My intention is to simply begin again with the same plan. The benefits of the plan I've

been using is that it is set for Monday-Friday so if you miss a day or two during the work week you can make it up on Saturday or Sunday. You may be wondering why the schedule we're on often asks us to jump all over the Scriptures in what sometimes seems to be a random manner. This reading is designed to be chronological and the schedule reflects that. If there is another plan you'd like for me to consider please let me know by next Sunday. Also, let me know how you have liked the plan we're on.

Thanks to everyone who keeps me abreast of the latest changes in the health of those in the "Other's" heading on the prayer list. I do not know most of them personally and have no way of receiving updates on their health save through you. The easiest way for me to make the correct changes is for you to write them down for me rather than telling me through word of mouth. Jackie will be glad to tell you just how forgetful I am!

John Thompson writes the first article for the bulletin almost every week. I find them to be thoughtful, well reasoned, and insightful. It takes time to think of a good article and to write it in an understandable, ordered manner. Don't forget to let him know that his efforts are appreciated.

Some Christians have found sermon outlines helpful in their personal Bible study. Please let me know if you would like a "bare bones" outline of my sermon with all of the passages noted. I can make them available very easily upon request.

The goal of the bulletin is not just to keep the congregation abreast of the latest updates concerning the sick or the times of congregational meetings. It is designed to be a useful tool to aid everyone in his or her study of Scripture and to increase knowledge and understanding of God's Word. If you have any suggestions that can help the bulletin more effectively achieve these goals, please let me know. Adam Litmer

Sermons: (AM) Jesus Cares

(PM) Preparing the Next Generation

Reading: (AM) Psalm 3

(PM) Psalm 4