

**University Heights Church
of Christ**
445 Columbia Ave.,
Lexington, KY 40508
(859) 255-6257
www.uheightschurch.com

WORSHIP SERVICES

Sunday

Bible Study: 9:45 AM

Worship: 10:45 AM; 6:00 PM

Wednesday

Bible Study: 7:30 PM (This is
immediately followed by a
short worship period)

First Friday of Each Month

Singing: 7:30 PM

LEADERSHIP

Elders

Garry Banks, David Collins,
John Thompson

Evangelist

Adam Litmer

Deacons

Troy Antle, Richard Brundige,
Matt Thompson, Adam
Litmer, Bill Morelan, Jim
Parsons, Pat Seabolt, Adam
Daniels, Jamie Powell

Adam's Office Hours

Tuesday-Friday (8:30-4:00)

serve others, but not so highly that she demands to be served. The Christian, indeed every person, ought to think highly enough of himself that he realizes he has a soul that needs God's mercy, but not so highly that he proceeds through life having no concept of his need for divine mercy. Finally, the Christian ought to think highly enough of himself that he accepts the fact that God is infinitely superior, but not so highly that he places himself above God.

Do you struggle to think as highly of yourself as you ought but not more highly as you ought not? I suppose we all do. But as we mature in the faith; as we grow in the grace and knowledge of our Lord, Jesus Christ; as we become thoroughly furnished unto every good work; as we become more spiritual and less carnal the struggle should lessen, don't you think?

IN NEED OF PRAYERS

Jeff Howerton, Rhonda Boyd, Paul Atkisson, Barbara Matheny, David Morrow, Debbie Parker, John Bennett, Robert Brundige, Donald Dawson, Gail Stein, Sandy Childress, Susie Burton, Jacob Profit, Valerie and Barry Boyd, Jannett's mother and stepfather, Sandy Driver, Erlene Young, Doris Baker, Burnice Richardson, Ruth Poynter, Larry Sells, Christian Shadburne, Mattie Johnson (hip replacement), the McDavid family, Evelyn Damron, Andy Kincaid, Evelyn Damron, Cassie Neel, Tony Tirey

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Get Off Those Coals! (2)

Adam Litmer

Do you recall 1 Peter 5:8? In that passage we are reminded that our adversary is always on the prowl and he is always starving. If a roaring lion were to burst through our doors and charge into our living room the very last thing any of us would do is meet him with a smile and accommodatingly place our heads in his mouth.

Yet spiritually, how often do Christians do that very thing? Young Christians do it when they choose to start running with the wrong sort of crowd. Husbands and wives do it when they begin to develop far too easy and carefree relationships with attractive friends of the opposite sex. Christians struggling with covetousness and materialism do it by collecting too many "things" and gathering associates and friends whose world revolves around money and toys. Please understand that it is a dangerous and foolish thing to begin carrying on long conversations with Satan like Eve did. More often than not, that long conversation will end for us as it did for her.

It is much better for us if we resolve to follow the example of Joseph, an extraordinarily spiritual and impressive young man. Take just a moment to read Genesis 39:7-12. If Joseph had stayed in that house and continued to face those temptations day in and day out, how long do you think it would have taken before the excitement of what was offered finally got to him? How long before he finally decided that giving in once would not be that big of a deal? We'll never know because Joseph ran out of that house and away from that temptation as fast as his legs would carry him.

My friends, sometimes we just need to avert our eyes and run the other way. Hear Paul's pithy warning about this particular temptation: *Flee from sexual immorality* (1 Corinthians 6:18a). Sexual immorality is nothing to play with. It is not a temptation that we need to stand resolutely before and stare

right in its eyes. It is too deadly for that and our Lord is telling us that the way of escape is found in running away from it. We're also told to feel idolatry (1 Corinthians 10:14) and youthful passions (2 Timothy 2:22). Beloved, sometimes temptation comes knocking on the door of our hearts seeking a conference. We can rest assured that if we choose to let it in and begin the discussion it won't be long before temptation brings its colleague, sin, into the meeting as well. When we feel ourselves being tempted it is not time to sit still and explore the temptation. In a very real sense, running *from* temptation is running *for* our lives.

However, it is equally important that we realize that our flight from temptation must be more than simply running *from* sin. It must be running *toward* God. Satan has his eyes on us. Even as you read these words he is conspiring, planning his next assault, determining how he intends to try to seduce each one of us to sin in the very near future. When he decides his course of action and puts his plan in motion we need to behave exactly as frightened children react to danger, we need to run to the side of our Father for protection. One of the overriding themes of the Psalms, perhaps *the* overriding theme, is God's certain care for His people. Take a moment to note how this theme is brought out in Psalm 46, a psalm beautiful and encouraging in equal measure. While you're at it, let yourself be encouraged by the words of Psalm 36:7 and 91:1-2.

Do you ever wonder why God is such a sure refuge from temptation, why He is able to protect and aid us whenever we run to Him? It is because Satan has absolutely no power over God. Satan's weapon is temptation and God is simply impervious to temptation (James 1:13). This means that when we flee to God we are fleeing to a sure haven of safety away from Satan's lies and allurements because in Christ all the treasures of wisdom and knowledge are hidden (Colossians 2:1-3).

Never forget that it was in the certainty of His Father's Word that our Lord and Savior took refuge when meeting the terrible onslaught of Satan in the wilderness. You and I should be so wise.

How High Ought We To Think of Ourselves?

John Thompson

For by the grace given to me I say to everyone among you not to think of himself more highly than he ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. (Romans 12:3)

Sometimes we dwell upon one part of a passage of scripture almost to the exclusion of the second part. I believe that is what happens to Romans 12:3. Pride has been an enormous problem among people throughout the course of history. It is the state of mind that permeates virtually all sin. As Satan prowls around like a roaring lion looking for someone to devour (1 Peter 5:8), the one who is full of pride is the very one who is most vulnerable to his deceptions. Isn't it noteworthy that both Romans 12:3 and 1 Peter 5:8 indicate that pride is kept in check by being sober-minded and using sober judgment?

Without a doubt Romans 12:3 is of immense value when dealing with the subject of pride. However, we must be careful not to miss the rest of the verse. The verse states that we are not to think of ourselves more highly than **we ought to think**.... There are two points to be considered here. Point number one is that we ought to be thinking about ourselves. This self-thinking must not be for the purpose of promoting ourselves at the expense of others for such is pride at work. Neither must this self-thinking result in the presumption that one is due certain advantages because of personal success or being much esteemed by others. The thinking that we ought to be doing is a frank and rational examination of ourselves regarding our spiritual welfare as expressed in the following verses: *I considered my ways and turned my feet to Your testimonies. (Psalm 119:59) Let us examine and probe our ways, And let us return to the LORD. (Lamentations 3:40) Examine yourselves, to see whether you are in the faith. Test yourselves. Or do you not realize this about yourselves, that Jesus Christ is in you?—unless indeed you fail to meet the test! (2 Corinthians 13:5)*

The second point is that we ought to think highly of ourselves, not more highly than we ought, but highly enough. So many people have such poor self-concepts that they never achieve their full potential. Every human being has value. We are created in the image of our creator. But how highly ought we to think of ourselves? Obviously there is a level of self-esteem we ought to have without going beyond. How highly ought the Christian to think of himself? He should think of himself highly enough that he loves his neighbor as himself and he does not despise his own body, but not so highly that he insists on preeminence and indulges his fleshly desires at the expense of everyone else. The Christian ought to think highly enough of himself that he desires the truth and seeks to know it, but not so highly that he insists he is the truth. The Christian ought to think highly enough of herself that she is willing and free to